

## Orinda Recreation-Adult Winter Programs (Session 1)

Session	Code	Instructor Name	Start Date	End Date	Day	Start Time	End Time	Activity Location	Activity Facility
<b>ART</b>									
Figure Drawing & Painting	<a href="#">6466</a>	Volunteer Leader	Jan. 10	Mar. 28	Tue	9:30am	12:30pm	Community Center	Room 10
Introduction to Zentangle	<a href="#">6408</a>	Becky Jenab	Febraury 8	Mar. 13	Wed	9:30am	11:30am	Community Center	Room 5
Watercolor I (Beginning)	<a href="#">6427</a>	Susan McAllister	Jan. 9	Mar. 13	Mon	9:00am	10:00am	Community Center	Room 10
Watercolor I/II/II (Beg. Int. Adv)	<a href="#">6428</a>	Susan McAllister	Jan. 9	Mar. 13	Mon	10:15am	12:15pm	Community Center	Room 10
Watercolor I/II/II (Beg. Int. Adv)	<a href="#">6429</a>	Susan McAllister	Jan. 9	Mar. 13	Mon	1:15pm	3:15pm	Community Center	Room 10
Watercolor I/II/II (Beg. Int. Adv)	<a href="#">6430</a>	Susan McAllister	Jan. 9	Mar. 13	Mon	7:00pm	9:00pm	Community Center	Room 10
<b>BALLET</b>									
Contining Ballet	<a href="#">6415</a>	Ginger Megley	Jan. 3	Feb. 14	Tue	7:30pm	9:15pm	Community Center	Room 1
<b>BRIDGE</b>									
Diamond Course-Supervised	<a href="#">6397</a>	Carol Griffin	Jan. 10	Mar. 21	Tue	1:00pm	3:00pm	Community Center	Room 7
Rusty Bridge I/II	<a href="#">6398</a>	Carol Griffin	Jan. 10	Mar. 21	Tue	10:00am	12:00pm	Community Center	Room 7
<b>COOKING</b>									
Basic Sushi & Nifiri	<a href="#">6014</a>	Chat Mingkwan	Jan. 31	Feb. 14	Tue	5:30pm	8:30pm	Community Center	Room 4
<b>DANCE</b>									
Social Ballroom Dance-Basic	<a href="#">6410</a>	Chris Mehling	Jan. 18	Mar. 22	Wed	7:30pm	9:00pm	Community Center	Founders Auditorium
Social Ballroom Dance-Intermediate	<a href="#">6411</a>	Chris Mehling	Jan. 18	Mar. 22	Wed	8:30pm	10:00pm	Community Center	Founders Auditorium
Social Ballroom Dance-Basic & Intermediate	<a href="#">6412</a>	Chris Mehling	Jan. 18	Mar. 22	Wed	7:30pm	10:00pm	Community Center	Founders Auditorium
<b>DOG OBEDIENCE</b>									
Beginning Obedience	<a href="#">6438</a>	Dog Dynamics	Jan. 11	Feb. 15	Wed	10:00am	10:45am	Wilder Park	Field #3
Beginning Obedience	<a href="#">6439</a>	Dog Dynamics	Jan. 12	Feb. 16	Thu	6:00pm	6:45pm	Community Center	Founders Auditorium
Intermediate Obedience	<a href="#">6440</a>	Dog Dynamics	Jan. 11	Feb. 15	Wed	11:00am	11:45am	Wilder Park	Field #3
Puppy Head Start	<a href="#">6434</a>	Dog Dynamics	Jan. 11	Feb. 15	Wed	9:00am	9:45am	Wilder Park	Field #3
Puppy Head Start	<a href="#">6435</a>	Dog Dynamics	Jan. 12	Feb. 16	Thu	5:00pm	5:45pm	Community Center	Founders Auditorium
<b>FITNESS</b>									
Hatha Yoga	<a href="#">6513</a>	Vivienne Luke	Jan. 11	Feb. 1	Wed	11:00am	12:00pm	Community Center	Room 8
Tai Chi	<a href="#">6568</a>	Pushing for Peace	Jan. 12	Feb. 16	Thu	9:00am	10:00am	Community Center	Room 2
Tai Chi	<a href="#">6569</a>	Pushing for Peace	Jan. 14	Feb. 18	Sat	9:00am	10:00am	Community Center	Room 2
Tai Chi	<a href="#">6567</a>	Pushing for Peace	Jan. 9	Feb. 13	Mon	9:00am	10:00am	Community Center	Room 2

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<b>FITNESS</b>											
Tai Chi (Beginners)	<a href="#">6555</a>	Pushing for Peace	Jan. 11	Feb. 15	Wed	9:00am	10:00am	Community Center	Room 2		
Tai Chi (Beginners)	<a href="#">6557</a>	Pushing for Peace	Jan. 11	Mar. 29	Wed	9:00am	10:00am	Community Center	Room 2		
The Nia Technique	<a href="#">6561</a>	Janet Kaufman	Jan. 13	Feb. 17	Fri	10:00am	11:00am	Community Center	Founders Auditorium		
Yoga Basics-Healthy Aging	<a href="#">6389</a>	Sanjana	Jan. 10	Feb. 14	Tue	10:15am	11:30am	Library	Garden Room		
Yoga & Meditation Basics	<a href="#">6391</a>	Sanjana	Jan. 12	Feb. 16	Thu	10:15am	11:30am	Library	Garden Room		
Yoga Iyengar	<a href="#">6496</a>	Jeanne Dowell	Jan. 10	Feb. 14	Tue	6:15pm	7:30pm	Community Center	Room 8		
Yoga Iyengar	<a href="#">6498</a>	Jeanne Dowell	Jan. 12	Feb. 16	Thu	9:00am	10:15am	Community Center	Room 8		
Zumba Gold	<a href="#">6510</a>	Workout Temps	Jan. 12	Feb. 16	Thu	9:00am	9:45am	Community Center	Founders Auditorium		
<b>LANGUAGE</b>											
Chinese Mandarin I	<a href="#">6403</a>	Walnut Creek Chinese School	Jan. 10	Mar. 28	Tue	12:45pm	2:00pm	Library	Gallery Room		
Chinese Mandarin II	<a href="#">6402</a>	Walnut Creek Chinese School	Jan. 10	Mar. 28	Tue	9:00am	10:15am	Library	Gallery Room		
Chinese Mandarin III	<a href="#">6401</a>	Walnut Creek Chinese School	Jan. 10	Mar. 28	Tue	10:30am	11:45am	Library	Gallery Room		
<b>MARTIAL ARTS</b>											
Black Belt Karate	<a href="#">6564</a>	Larry Wadford	See Online Schedule for Times/Location								
Shorin-Ryu Beg/Int.	<a href="#">6485</a>	Jeffrey Violet	Jan. 14	Mar. 25	Sat	9:15am	10:15am	Community Center	Room 6		
Aiki Jujitsu (Advanced)	<a href="#">6474</a>	Mehran Mojtahedi	Jan. 26	Mar. 9	Thu	6:30pm	8:30pm	Community Center	Kindergym		
Aiki Jujitsu (All Levels) (Ages 13+)	<a href="#">6472</a>	Mehran Mojtahedi	Jan. 21	Mar. 11	Sat	11:00am	12:00pm	Community Center	Kindergym		
<b>MUSIC</b>											
Ukulele Roots Jam	<a href="#">6543</a>	Al Dodge	Jan. 10	Feb. 21	Tue	1:00pm	2:30pm	Community Center	Room 3		
<b>PICKLEBALL</b>											
Pickleball-Beginners	<a href="#">6478</a>	Paragon Pickleball	Feb. 7	Mar. 28	Tue	8:45am	9:45am	Community Park	Tennis Court #1		
Pickleball-Beginners	<a href="#">6480</a>	Paragon Pickleball	Feb. 9	Mar. 30	Thu	8:45am	9:45am	Community Park	Tennis Court #1		
Pickleball-Adv./Beg.	<a href="#">6479</a>	Paragon Pickleball	Feb. 7	Mar. 28	Tue	9:45am	10:45am	Community Park	Tennis Court #1		
Pickleball-Adv./Beg.	<a href="#">6481</a>	Paragon Pickleball	Feb. 9	Mar. 30	Thu	9:45am	10:45am	Community Park	Tennis Court #1		
<b>SEWING</b>											
Fit Sewing Patterns to YOUR Body	<a href="#">6406</a>	Debbie Madison	Jan. 11	Feb. 15	Wed	6:30pm	8:30pm	Community Center	Room 10		
<b>TENNIS</b>											
Beginner/Advanced Beginner	<a href="#">6399</a>	John Folgi (JAF Associates)	Jan. 9	Mar. 6	Mon	6:45pm	7:40pm	Community Park	Tennis Court #1		
Intermediate/Adv.	<a href="#">6400</a>	John Folgi (JAF Associates)	Jan. 4	Mar. 1	Wed	6:20pm	7:15pm	Community Park	Tennis Court #1		