

Adult Classes

| Session                                       | Code | Instructor Name  | Start Date | End Date | Day | Start Time | End Time | Activity Location | Activity Facility   |
|-----------------------------------------------|------|------------------|------------|----------|-----|------------|----------|-------------------|---------------------|
| <b>Art</b>                                    |      |                  |            |          |     |            |          |                   |                     |
| Watercolor I - Beginning                      | 5240 | Susan McAllister | 9/13       | 11/15    | Mon | 9:00 AM    | 10:00 AM | Community Center  | Room 10             |
| Watercolor I/II/III Beg/Inter./ Advanced      | 5241 | Susan McAllister | 9/13       | 11/15    | Mon | 10:15 AM   | 12:15 PM | Community Center  | Room 10             |
| Watercolor I/II/III Beg/Intermediate/Advanced | 5242 | Susan McAllister | 9/13       | 11/15    | Mon | 1:15 PM    | 3:15 PM  | Community Center  | Room 10             |
| Watercolor I/II/III Beg/Int./Advanced         | 5243 | Susan McAllister | 9/13       | 11/15    | Mon | 7:00 PM    | 9:00 PM  | Community Center  | Room 10             |
| <b>Ballet</b>                                 |      |                  |            |          |     |            |          |                   |                     |
| Ballet II                                     | 5246 | Ginger Megley    | 9/14       | 10/26    | Tue | 7:30 PM    | 9:00 PM  | Community Center  | Room 01             |
| Ballet II                                     | 5247 | Ginger Megley    | 11/2       | 12/14    | Tue | 7:30 PM    | 9:00 PM  | Community Center  | Room 01             |
| <b>Bridge</b>                                 |      |                  |            |          |     |            |          |                   |                     |
| Beginner Bridge                               | 5284 | Carol Griffin    | 9/8        | 11/17    | Wed | 10:00 AM   | 1:00 PM  | Community Center  | Room 07             |
| Rusty Bridge-Part 1                           | 5285 | Carol Griffin    | 9/8        | 11/17    | Wed | 1:00 PM    | 3:00 PM  | Community Center  | Room 07             |
| Drop in Bridge                                |      | Carol Griffin    | 9/10       | 12/17    | Fri | 10:00 AM   | 12:00 PM | Community Center  | Room 07             |
| Two Over One Bridge                           | 5287 | Carol Griffin    | 9/10       | 11/19    | Fri | 1:00 PM    | 3:00 PM  | Community Center  | Room 07             |
| <b>Dance</b>                                  |      |                  |            |          |     |            |          |                   |                     |
| Dance Fundamentals for Argentine Tango        | 5275 | Ernie Biera      | 9/14       | 11/30    | Tue | 7:00 PM    | 8:30 PM  | Community Center  | Room 02             |
| Salsa (Beginner/Int.)                         | 5276 | Ernie Biera      | 9/20       | 11/29    | Mon | 7:00 PM    | 8:30 PM  | Community Center  | Founders Auditorium |
| <b>Dog Obedience</b>                          |      |                  |            |          |     |            |          |                   |                     |
| Puppy Head-start-Dog Obedience                | 5197 | Dog Dynamics     | 10/13      | 11/17    | Wed | 9:00 AM    | 9:45 AM  | Wilder            | Wilder Field 3      |
| Beginning-Dog Obedience                       | 5198 | Dog Dynamics     | 10/13      | 11/17    | Wed | 10:00 AM   | 10:45 AM | Wilder            | Wilder Field 3      |
| Intermediate-Dog Obedience                    | 5199 | Dog Dynamics     | 10/13      | 11/17    | Wed | 11:00 AM   | 11:45 AM | Wilder            | Wilder Field 3      |
| Puppy Head-start (Dog Obedience Class)        | 5200 | Dog Dynamics     | 10/14      | 12/2     | Thu | 5:00 PM    | 5:45 PM  | Community Center  | Founders Auditorium |
| Beginning Dog Obedience                       | 5201 | Dog Dynamics     | 10/14      | 12/2     | Thu | 6:00 PM    | 6:45 PM  | Community Center  | Founders Auditorium |
| <b>Fitness</b>                                |      |                  |            |          |     |            |          |                   |                     |
| Yoga: Iyengar                                 | 5217 | Jeanne Dowell    | 9/7        | 10/19    | Tue | 6:15 PM    | 7:30 PM  | Community Center  | Kindergym           |
| Yoga: Iyengar                                 | 5218 | Jeanne Dowell    | 9/9        | 10/21    | Thu | 9:00 AM    | 10:15 AM | Community Center  | Kindergym           |
| Yoga: Iyengar                                 | 5219 | Jeanne Dowell    | 10/26      | 12/7     | Tue | 6:15 PM    | 7:30 PM  | Community Center  | Kindergym           |

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|                                        |      |                             |       |       |     |          |          |                       |                               |
|----------------------------------------|------|-----------------------------|-------|-------|-----|----------|----------|-----------------------|-------------------------------|
| Yoga: Iyengar                          | 5220 | Jeanne Dowell               | 10/28 | 12/9  | Thu | 9:00 AM  | 10:15 AM | Community Center      | Kindergym                     |
| Yoga and Meditation Basics             | 5222 | Veera Sanjana               | 9/7   | 10/19 | Tue | 6:30 PM  | 7:45 PM  | Community Center      | Founders Auditorium           |
| Yoga and Meditation Basics             | 5223 | Veera Sanjana               | 10/26 | 12/14 | Tue | 6:30 PM  | 7:45 PM  | Community Center      | Founders Auditorium           |
| Yoga and Meditation Basics             | 5225 | Veera Sanjana               | 9/9   | 10/21 | Thu | 10:15 AM | 11:30 AM | Community Center      | Founders Auditorium           |
| Yoga and Meditation Basics             | 5226 | Veera Sanjana               | 10/28 | 12/16 | Thu | 10:15 AM | 11:30 AM | Community Center      | Founders Auditorium           |
| Tai Chi/Qigong                         | 5274 | Marilyn Cooper              | 9/10  | 10/29 | Fri | 7:00 AM  | 8:00 AM  | Community Center Park | Community Center Amphitheater |
| Dance Fitness (Zumba Gold)             | 5300 | Milan Hutchinson            | 9/7   | 9/28  | Tue | 10:00 AM | 10:50 AM | Vitural               | Zoom                          |
| Dance Fitness (Zumba Gold)             | 5303 | Milan Hutchinson            | 10/5  | 10/26 | Tue | 10:00 AM | 10:50 AM | Virtual               | Zoom                          |
| Dance Fitness (Zumba Gold)             | 5304 | Milan Hutchinson            | 11/2  | 11/30 | Tue | 10:00 AM | 10:50 AM | Virtual               | Zoom                          |
| Dance Fitness (Zumba Gold)             | 5305 | Milan Hutchinson            | 12/7  | 12/28 | Tue | 10:00 AM | 10:50 AM | Virtual               | Zoom                          |
| <b>Language</b>                        |      |                             |       |       |     |          |          |                       |                               |
| Chinese Mandarin Conversational        | 5265 | Walnut Creek Chinese School | 9/14  | 12/14 | Tue | 12:45 PM | 2:00 PM  | Community Center      | Room 05                       |
| Chinese Mandarin Conversational III    | 5266 | Walnut Creek Chinese School | 9/13  | 12/14 | Tue | 10:30 AM | 11:45 AM | Community Center      | Room 05                       |
| Chinese Mandarin Conversational III    | 5267 | Walnut Creek Chinese School | 9/14  | 12/14 | Tue | 9:00 AM  | 10:15 AM | Community Center      | Room 08                       |
| <b>Martial Arts</b>                    |      |                             |       |       |     |          |          |                       |                               |
| Self Defense-Aiki Jujitsu (All Levels) | 5257 | Mehran Mojtahedi            | 9/11  | 10/23 | Sat | 11:00 AM | 12:00 PM | Community Center      | Kindergym                     |
| Self Defense-Aiki Jujitsu (All Levels) | 5258 | Mehran Mojtahedi            | 10/30 | 12/18 | Sat | 11:00 AM | 12:00 PM | Community Center      | Kindergym                     |
| Self Defense-Aiki Jujitsu (Advanced)   | 5259 | Mehran Mojtahedi            | 9/9   | 10/21 | Thu | 6:30 PM  | 8:30 PM  | Community Center      | Kindergym                     |
| Self Defense-Aiki Jujitsu (Advanced)   | 5260 | Mehran Mojtahedi            | 10/28 | 12/16 | Thu | 6:30 PM  | 8:30 PM  | Community Center      | Kindergym                     |
| <b>Sewing</b>                          |      |                             |       |       |     |          |          |                       |                               |
| Fit Sewing Patterns to YOUR Body       | 5244 | Debbie Madison              | 9/8   | 10/20 | Wed | 6:30 PM  | 8:30 PM  | Community Center      | Room 10                       |
| Fit Sewing Patterns to YOUR Body       | 5245 | Debbie Madison              | 10/27 | 12/8  | Wed | 6:30 PM  | 8:30 PM  | Community Center      | Room 10                       |
| <b>Tennis &amp; Pickleball</b>         |      |                             |       |       |     |          |          |                       |                               |
| Beginner/Advanced Beginner Tennis      | 5160 | John Fogli                  | 8/30  | 11/29 | Mon | 6:45 PM  | 7:40 PM  | Community Center Park | Tennis Court 1                |

### Adult Classes

|                                        |      |                 |      |      |     |          |          |                       |                |
|----------------------------------------|------|-----------------|------|------|-----|----------|----------|-----------------------|----------------|
| Intermediate Tennis Class              | 5161 | John Fogli      | 9/1  | 12/1 | Wed | 6:20 PM  | 7:15 PM  | Community Center Park | Tennis Court 1 |
| Tennis Inter. / Adv.                   | 5288 | Ron Noon        | 9/11 | 12/4 | Sat | 10:00 AM | 11:00 AM | Community Center Park | Tennis Court 1 |
| Paragon Pickleball (Advanced Beginner) | 5291 | Drew Diefenbach | 9/7  | 9/28 | Tue | 10:00 AM | 11:15 AM | Community Center Park | Tennis Court 1 |
| Paragon Pickleball (Intermediate)      | 5292 | Drew Diefenbach | 9/7  | 9/28 | Tue | 11:30AM  | 12:45 PM | Community Center Park | Tennis Court 1 |