



## City of Orinda YOUTH & ADULT PROGRAMMING Health and Safety Policies and Procedures

Orinda Parks and Recreation's Enrichment Programs for Youth and Adults are intended to provide a fun, enriching program held in a safe environment. We are committed to providing you with a fun-loving and safe experience. All programs must be able to comply with the following guidelines to operate. These guidelines are subject to change based on changes in local, state and federal direction related to COVID-19.

### MEDICAL CONDITIONS AND VULNERABLE / HIGH RISK GROUP GUIDELINES

Orinda Parks and Rec Programs are not designed for those that are in the high risk category. Any youth or adults who fall within that category should consult with a doctor about enrolling in these programs. People of any age who have serious underlying medical conditions might be at higher risk for severe illness from COVID-19.

### COVID-19 PREVENTION MEASURES

We are asking all parties involved to comply with the following guidelines in order to preserve a safe and pleasant time for all. These guidelines are subject to change based on changes in local, state, and federal direction related to COVID-19.

- 1. Hand Hygiene:** All staff, instructors and participants should wash their hands with soap and water for at least 20 seconds. Alcohol-based hand sanitizers with at least 60% alcohol can be used if soap and water are not readily available. Flyers will be posted describing handwashing steps near sinks.
- 2. Isolation, Sick Participant and Staff:** Given the variables involved, City Staff will refer to the Contra Costa Health Services [K-12 Schools, Preschool/Childcare Guidance When a Student, Teacher, or Staff Member is Symptomatic, a Close Contact, or Diagnosed with COVID-19](#) grid and follow any directives provided. These directives are for youth and adult programs. Should participants develop any COVID-19 related symptoms, please notify us by phone, (925) 254-2445, or email ([OrindaParksandRec@CityofOrinda.org](mailto:OrindaParksandRec@CityofOrinda.org)). Depending on the circumstance, City staff will review refund requests on a case-by-case basis.
- 3. Travel Guidelines:** Given the variables involved, City Staff will defer to the [Domestic Travel During COVID-19 Guidelines](#) published by the Centers for Disease Control and Prevention.
- 4. Vaccinations:** With 80% of all Contra Costa County residents now fully vaccinated, Contra Costa Health Services (CCHS) lifted its health order requiring certain businesses, including restaurants and gyms, to verify the vaccination status or recent negative test results of customers on February 4, 2022. CCHS continues to urge everyone 5 and older to get vaccinated for the best possible protection from COVID-19 – and especially to receive a booster dose when eligible, as growing local data show boosters provide substantially more protection.
- 5. Face Covering / Masking:** In accordance with Contra Costa County Health Services, the City of Orinda has updated masking guidelines for programs. To learn more about current guidelines, visit [Contra Costa Health Services](#). For the time being, face coverings will remain in place and required indoors within the common areas of all City facilities. Following the County Health Officer's recommendation, the City encourages all participants to wear a face covering during all indoor programs and classes.

**Thank you for choosing to spend your time with us during this unprecedented period.  
Orinda Parks and Recreation staff appreciate your support.**